

Questions for my care team

Choose the questions that matter to you. Bring this sheet to your appointment.

Name (optional): _____ Appointment date: _____

What matters most to me

My main concern, goal, or something I want the team to know:

My three most important questions

You can write your own questions or use the prompts on the next page.

1.

2.

3.

Support for this conversation

Interpreter, support person, accessible information, or other help I would like:

Questions for my care team

Use these prompts if helpful. You do not need to ask every question.

Understanding my surgery

What should I understand about the benefits, risks and other options?

Getting ready

What are my instructions for medicines, eating and drinking?

Recovery and support at home

What help will I need, for how long, and what if I live alone?

Follow-up and getting help

Who do I contact during or after hours, and when is urgent help needed?

What we agreed / my next steps

Write down the action, who will help, and when it needs to happen.

Care team contact: _____

After-hours contact: _____